

YN GUILLEY HESHEREE

A longways progressive dance for any number of couples. Collected by Mona Douglas.

♩. = 138

Music Movements

Music $\frac{6}{8}$ Couples are numbered 1st and 2nd all the way down the set.

A1 Bars 1-8 1st man moves down the middle on a zigzag track, to visit the 2nd woman and the 4th woman, turns to his left and returns up the middle to his place - at the same time 1st woman casts to her right and dances on a parallel track on the outside of the set. This figure is all done in running step.



9-12 1st man takes his partner by the right hand, places his left arm round her waist and takes her left hand behind.

1st couple dance down the middle in 2 M.r.s., the man turning the woman to her left about to face up on 2nd.

13-16 1st couple dance up the middle to places, M.r.s.

A2 Bars 1-8 1st man and 1st woman cross over giving right hands (2 bars) move down into the 2nd place (4 bars) and cross again giving left hands (2 bars) M.r.s.

9-16 1st and 2nd couples give hands in a ring and dance twice round clockwise, in running step.

A3 Bars 1-8 Same as A2. 2nd couple doing as the 1st couple did.

9-16 1st and 2nd couples give hands in a ring and dance round counter-clockwise, in running step.

A4 Bars 1-16 Partners join for Manx waltz.

1st and 2nd couples swing and change places turning clockwise and passing clockwise round each other, while Manx waltzing.

Repeat the whole as many times as desired. Each 1st couple progresses down the set, and starts each new round with the 2nd couple below them; each 2nd couple progresses up the set, and starts each new round with the 1st couple above them. On arriving at either end of set, couples stand 'neutral' for one round, then change their number and join in again on the following round.